

Patient Information:

Name: _____

Date of birth: _____

Diagnosis: _____

Severity: _____ Level: _____

Other medical information: _____

Date of recommendation: ____ / ____ / ____

Signature of physician: _____

Recommended Treatment:

Product and dose/kg for life or limb-threatening bleeds:

Product and dose/kg for moderate/minor bleeds:

**GUIDELINES FOR EMERGENCY
MANAGEMENT OF RARE INHERITED
BLEEDING DISORDERS**

TreatFirst



Canadian Hemophilia Society
Help Stop the Bleeding



AHCDC Association of Hemophilia Clinic
Directors of Canada

www.hemophilia.ca/emergency

Remember... TreatFirst

PROMPT TREATMENT will halt bleeding, minimize long-term complications and can save life. If bleeding persists, follow the guidelines for life or limb-threatening bleeds and call the:

Bleeding Disorder Treatment Centre

Hospital: _____

Physician: _____

Nurse: _____

Day phone: _____

Night phone: _____

DELAY IN THE RESTORATION OF HEMOSTASIS TO THE PATIENT WITH A RARE INHERITED BLEEDING DISORDER MAY BE LIFE OR LIMB-THREATENING.

• **PROMPT TRIAGE AND ASSESSMENT.**

- Determine the severity of the bleed.
- Recognize that bleeding in the head, spine, abdomen or pelvis may initially be occult and potentially life-threatening.

• **TREAT FIRST AND INVESTIGATE LATER.**

- Avoid invasive procedures such as arterial punctures unless the patient has received treatment.

• **NO IM injections and NO ASA.**

- The patient or guardian may be your most important resource, so do ask about specific treatment protocols.

• **CONTACT THE PATIENT'S BLEEDING DISORDER TREATMENT CENTRE WHERE A HEMATOLOGIST IS ALWAYS ON CALL.**

- Provide clear discharge instructions and arrange a follow-up plan or admit to hospital if necessary.

LIFE OR LIMB-THREATENING BLEEDS

PATIENT MUST RECEIVE TREATMENT URGENTLY

- Head (intracranial) and neck
- Chest, abdomen, pelvis, spine
- Iliopsoas muscle and hip
- Massive vaginal hemorrhage
- Extremity muscle compartments
- Fractures or dislocations
- Any deep laceration
- Any uncontrolled bleeding

MODERATE/MINOR BLEEDS

PATIENT MUST RECEIVE TREATMENT WITHIN 30 MINUTES WHENEVER POSSIBLE

- Nose (epistaxis)
- Mouth (including gums)
- Joints (hemarthroses)
- Menorrhagia
- Abrasions and superficial lacerations

Use Universal Precautions