

**Patient Information:**

Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Diagnosis: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Severity: \_\_\_\_\_ Level: \_\_\_\_\_

Other medical information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date of recommendation: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Signature of physician: \_\_\_\_\_

**Recommended Treatment:**

Product and dose/kg for life or limb-threatening bleeds:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Product and dose/kg for moderate/minor bleeds:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**GUIDELINES FOR EMERGENCY  
MANAGEMENT OF RARE INHERITED  
BLEEDING DISORDERS**

**TreatFirst**



**Canadian Hemophilia Society**  
**Help Stop the Bleeding**



**AHCDC** Association of Hemophilia Clinic  
Directors of Canada

[www.hemophilia.ca/emergency](http://www.hemophilia.ca/emergency)

# Remember... TreatFirst

**PROMPT TREATMENT** will halt bleeding, minimize long-term complications and can save life. If bleeding persists, follow the guidelines for life or limb-threatening bleeds and call the:

## Bleeding Disorder Treatment Centre

Hospital: \_\_\_\_\_

Physician: \_\_\_\_\_

Nurse: \_\_\_\_\_

Day phone: \_\_\_\_\_

Night phone: \_\_\_\_\_

**DELAY IN THE RESTORATION OF HEMOSTASIS TO THE PATIENT WITH A RARE INHERITED BLEEDING DISORDER MAY BE LIFE OR LIMB-THREATENING.**

### • **PROMPT TRIAGE AND ASSESSMENT.**

- Determine the severity of the bleed.
- Recognize that bleeding in the head, spine, abdomen or pelvis may initially be occult and potentially life-threatening.

### • **TREAT FIRST AND INVESTIGATE LATER.**

- Avoid invasive procedures such as arterial punctures unless the patient has received treatment.

### • **NO** IM injections and **NO** ASA.

- The patient or guardian may be your most important resource, so do ask about specific treatment protocols.

### • **CONTACT THE PATIENT'S BLEEDING DISORDER TREATMENT CENTRE WHERE A HEMATOLOGIST IS ALWAYS ON CALL.**

- Provide clear discharge instructions and arrange a follow-up plan or admit to hospital if necessary.

## LIFE OR LIMB-THREATENING BLEEDS

**PATIENT MUST RECEIVE TREATMENT URGENTLY**

- Head (intracranial) and neck
- Chest, abdomen, pelvis, spine
- Iliopsoas muscle and hip
- Active GI bleed
- Massive vaginal hemorrhage
- Extremity muscle compartments
- Fractures or dislocations
- Any deep laceration
- Any uncontrolled bleeding

## MODERATE/MINOR BLEEDS

**PATIENT MUST RECEIVE TREATMENT WITHIN 30 MINUTES WHENEVER POSSIBLE**

- Nose (epistaxis)
- Mouth (including gums)
- Joints (hemarthroses)
- Menorrhagia
- Abrasions and superficial lacerations