EDUCATIONAL CATALOGUE

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FactorFirst and TreatFirst wallet cards
Resource for the individual to carry in his/her wallet for presentation to emergency department staff when accessing emergency care. The card contains important patient information including details on diagnosis and treatment guidelines and contact names and phone numbers of the patient’s bleeding disorder treatment centre.

Guidelines for emergency management (POSTER)
Poster for display in emergency departments which contains guidelines for emergency management of hemophilia and von Willebrand disease.
Available in PDF only.

Cyklokapron - A Guide for Patients and their Caregivers
Simple brochure providing basic information on the uses and administration of this drug. Developed by the Canadian Association of Nurses in Hemophilia Care. Published by the Canadian Hemophilia Society.

Desmopressin - A Guide for Patients and their Caregivers
Simple brochure providing basic information on the uses and administration of DDAVP, Octostim and Octostim Spray. Developed by the Canadian Association of Nurses in Hemophilia Care. Published by the Canadian Hemophilia Society.
MyCBDR - The best way to report treatments and bleeds to your health care team
Flyer produced by the CHS to promote the use of MyCBDR to patients. Among other things, it includes a list of the benefits of using MyCBDR, its special features and information on how to register.

Identifying common joint & muscle bleeds
Information booklet designed to help people living with bleeding disorders identify common joint and muscle bleeds in their earliest stages, so that proper treatment can begin as soon as possible. It is written to help people of all ages perform a self-assessment and to help parents assess their children. Developed by the Canadian Physiotherapists in Hemophilia Care.

Pain - The Fifth Vital Sign
Resource on managing pain for people with bleeding disorders.
Passport to well-being
The *Passport to well-being* program provides people with bleeding disorders, at all stages of their lives, with information, skills and strategies to enable them to maximize their quality of life. *Passport to well-being* is designed around five modules:

Destination fitness
Helping patients to develop personalized fitness plans to improve overall health.

Home care - The road to independence
Helping patients take greater control of their disease through home treatment.

Roadmap for managing pain
Raising awareness of ways to manage the pain that is so common to people with bleeding disorders.

Navigating the emergency department
Helping people with bleeding disorders prepare for visits to the emergency department.

Bon Voyage! Travelling with a bleeding disorder
Helping people with bleeding disorders reduce the risks of travel so they can enjoy their adventure to its fullest.

CHS wallet travel card
Contains information about how to access care and treatment when away from home. Among other things, and especially to help globetrotters, the wallet card contains 16 key phrases in English, French and Spanish that can be used in an emergency situation.
Tips for finding Childcare - A Guide for parents of children with bleeding disorders
Starting childcare is a major step for families living with a bleeding disorder. Making decisions about childcare and finding the right caregiver can be a challenging process. This booklet provides information to help parents assess their childcare needs and suitable options, with steps for finding the right caregiver. The booklet also outlines basic medical, health and safety information that caregivers need to know.

How to recognize and treat bleeds and bruises (POSTER)

Vein Care - Looking after veins in the bleeding disorder community
This brochure provides recommendations regarding vein care. Created by Ontario Region Nurses, April 2020. Available in PDF only.
Dental care for people with bleeding disorders
People with bleeding disorders have the same kinds of dental problems as other people. When dental problems occur, however, treatment may require more planning. This booklet includes basic guidelines on how to recognize and cope with dental problems.

Nurses' dental guidelines
Developed by members of the Canadian Association of Nurses in Hemophilia Care, this information serves as guidelines only and is designed to enhance the care of bleeding disorder patients. Each Canadian bleeding disorder treatment centre will have specific treatment recommendations for the dental care of their patients.

Information sheet for the dentist
This information sheet was produced by the Canadian Association of Nurses in Hemophilia Care to guide dentists in the care of patients with bleeding disorders.
All About Hemophilia - A Guide for Families

Second Edition
A comprehensive resource for families raising a child with hemophilia available through the Canadian hemophilia treatment centres.

Challenges, Choices, Decisions - A Guide on Orthopedic Surgery for People with Hemophilia
Educational resource developed as a guide to help hemophilia patients, not affected by an inhibitor, and their families understand what is involved in orthopedic surgery.
Available in PDF only.

Hemophilia from diagnosis to home care:
Support for the journey
Publication designed to help new parents work through the challenges of raising a child with hemophilia.
Hemophilia - What school personnel should know

Second Edition

School personnel may feel anxious about having a student with hemophilia in their school. This booklet is designed to alleviate those fears by presenting facts about hemophilia and providing a quick reference guide on what to do in different situations of bleeding. Developed by the Atlantic Hemophilia Nurses group.

Hemophilia - What school personnel should know (DVD)

A DVD is available to accompany the school personnel booklet as a complementary resource.

Home Treatment Guide - For people with bleeding disorders

Second Edition

This Home Treatment Guide was developed by hemophilia nurses working with patient and families affected by hemophilia. The guidebook is designed to assist patients in the safe home treatment of bleeding disorders by providing basic information in an easy-to-use format.
Emergency Care for Patients with Hemophilia
Guidelines on the treatment and management of hemophilia emergencies including recommended dosage. Available in PDF only.

Information booklet on mild hemophilia
Mild hemophilia can be very serious and even life-threatening if injuries or bleeds are not treated promptly and adequately. This booklet for people living with mild hemophilia and their families was developed by the Atlantic Hemophilia Nurses Group of the Canadian Association of Nurses in Hemophilia Care (CANHC).

Acquired hemophilia
Produced by the Canadian Association of Nurses in Hemophilia Care and the CHS, this seven-panel pamphlet contains all the key information: what is acquired hemophilia, signs and symptoms, available treatments.
HEMOPHILIA

Self-Infusion: Confidence, Autonomy, Freedom (DVD)
Video starring young people with inherited bleeding disorders describing their journey to learn to self-infuse clotting factor concentrates and the difference this has made in their lives. Produced by the Canadian Hemophilia Society in 2006.

INHIBITORS

Challenges, Choices, Decisions - A Guide on Orthopedic Surgery for People with Hemophilia and Inhibitors
This educational resource was developed as a guide to help hemophilia patients and their families understand what is involved in orthopedic surgery in the presence of inhibitors.

All About Hemophilia: A Guide for Families
Second Edition
CHAPTER 8 - Complications of Hemophilia
All About von Willebrand Disease

*Third Edition (2011)*

A comprehensive guide for people with von Willebrand disease and their families. Developed and published by the Canadian Hemophilia Society.

Von Willebrand Disease ... the most common bleeding disorder - Your Questions Answered

General information booklet about the symptoms, diagnosis, and treatment of VWD. Developed and published by the Canadian Hemophilia Society.

Von Willebrand Disease - What school personnel should know

Information booklet about von Willebrand disease for teachers and other school personnel. Developed by the Atlantic Hemophilia Nursing Group of the Canadian Association of Nurses in Hemophilia Care.
Guidelines for the diagnosis and management of von Willebrand disease (VWD)
Pocket-sized booklet featuring among other tools an algorithm leading from an initial clinical assessment, through initial lab and VWD tests, to confirmatory VWD tests. It also features a detailed scored bleeding questionnaire based on symptoms to help with diagnosis as well as a table describing the common laboratory results for each type of VWD.

Emergency Care for Patients with von Willebrand Disease
An instructional manual with guidelines on the treatment and management of von Willebrand disease emergencies including recommended dosage.
Available in PDF only.

The Management of Women with Bleeding Disorders
The purpose of this publication is to provide for women with bleeding disorders tips on:
1. the optimal management through multidisciplinary clinics,
2. the laboratory investigation of bleeding disorders,
3. the medical treatment of menorrhagia, and
4. the management of pregnancy.
Available in PDF only.
All About Carriers
A comprehensive guide for carriers of hemophilia A or B. Developed and published by the Canadian Hemophilia Society.

All About Hemophilia: A Guide for Families
Second Edition
CHAPTER 14 - Symptomatic Carriers of Hemophilia

Me and My Genes! (DVD)
An interactive animated video providing potential pre-teen and teenage carriers with relevant and age appropriate information about what it means to be a carrier of hemophilia A or B. Available only on DVD.
Bernard Soulier Syndrome
General information booklet about the Bernard Soulier Syndrome for patients, families and health care providers. Developed by the Canadian Association of Nurses in Hemophilia Care (CANHC) and published by the Canadian Hemophilia Society.

Glanzmann thrombasthenia
Second Edition
General information booklet about Glanzmann thrombasthenia for patients, families and health care providers. Developed by the Canadian Association of Nurses in Hemophilia Care and published by the Canadian Hemophilia Society.

Disorders of Platelet Function
An information booklet for patients, families and health care providers. By Dr. Sara J. Israels and Margaret L. Rand, Ph.D. Available in PDF only.
Factor I deficiency or fibrinogen
Factor I (or fibrinogen) deficiency is a very rare inherited disorder with complications that vary with the severity of the disorder. This booklet provides information for people trying to cope with this health problem. It explains the causes of the disorder and currently available treatments.

Factor II deficiency
Factor II deficiency (also called hypoprothrombinemia or prothrombin deficiency) is a rare coagulation disorder. This booklet explains the causes of factor II deficiency, its symptoms and available treatments.

Factor V deficiency
Factor V deficiency, also called parahemophilia or Owren's disease, is a very rare coagulation disorder. This brochure gives information about this condition.
Factor VII deficiency

*Second Edition*

General information booklet about factor VII deficiency for patients, families and health care providers. Developed by the Canadian Association of Nurses in Hemophilia Care (CANHC) and published by the Canadian Hemophilia Society.

Factor X deficiency

Factor X (pronounced 10) deficiency is a very rare blood coagulation disorder with complications that vary with the severity of the disorder. This booklet provides information for people trying to cope with this health problem. It explains the causes of the deficiency, symptoms, possible complications, and available treatments.

Factor XI deficiency

General information booklet about factor XI deficiency for patients, families and health care providers. Developed by the Canadian Association of Nurses in Hemophilia Care and published by the Canadian Hemophilia Society.
Factor XII deficiency
Severe factor XII deficiency is a very rare condition and is not well known, even among health professionals. The purpose of this booklet is to describe the deficiency with the hope that it will permit those affected to better understand the issues.

Factor XIII deficiency
Second Edition
General information booklet about factor XIII deficiency for patients, families and health care providers. Developed by the Canadian Association of Nurses in Hemophilia Care and published by the Canadian Hemophilia Society.
**RESOURCES FOR CHILDREN**

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**All About Me**
The Atlantic Hemophilia Nurses group, a family and a very talented artist created a storybook for children with bleeding disorders. *All About Me* is designed to provide young school-age children with bleeding disorders the opportunity to share information about his or her medical condition with his/her classmates.

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**The bleed stops here**
An activity book for children with hemophilia and other inherited bleeding disorders. Developed by the Canadian Association of Nurses in Hemophilia Care and published by the Canadian Hemophilia Society. 
*Available in hard copy only.*

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**The Story of Miko - A Cheeky Little Dog with Hemophilia**
Miko is a picture book developed by a team from CHU Sainte-Justine in Montreal that enables parents to introduce simple treatment terms and explanations that children will understand thanks to pictorial support. This book may also be used by health care teams and enables professionals to help children aged 0 to 5 to familiarize themselves with more painful forms of treatment while gaining a better understanding of the disease.
**Passport to well-being - Destination fitness**
Helping patients to develop personalized fitness plans to improve overall health

**All About Hemophilia: A Guide for Families**
*Second Edition*
**CHAPTER 12 - Physical Activity, Exercise and Sports**

**In the Driver’s Seat**
This workbook was developed by members of the Canadian Physiotherapists in Hemophilia Care to guide adults with bleeding disorders through an organized and thoughtful approach to decision-making around physical activities.
Common hepatitis C symptoms and treatment side effects with tips for coping with them

Contains practical tips for managing the symptoms of hepatitis C and the side effects of treatment. This information has been revised from a printed guide first published by the Canadian Hemophilia Society in 2003 and updated in partnership with CATIE in 2011. In 2016, information on direct acting antivirals was added. In-depth information on peg-interferon can be found on www.catie.ca. The information in this guide is complemented by many other resources which can be found on the CATIE website at www.catie.ca/en/hepatitis-c.

Available in PDF only.

Accessing treatments for hepatitis C through the Hepatitis C January 1, 1986 — July 1, 1990 Class Actions Settlement: What you need to know

Information brochure targeted at patients who received tainted blood or blood products and who are registered claimants of the Hepatitis C 1986-1990 Class Actions Settlement. This brochure provides information on accessing treatments for hepatitis C as well as support programs offered by pharmaceutical companies.